

PHACELIA PHACELIA TANACETIFOLIA

- Very quick to establish
- Good weed suppressant
- Matures in 10-12 weeks
- Produces large, shallow root mass
- Excellent pollinator

Sowing Period: Apr-Oct Sowing Rate: 5-10kg/ha
Sowing Depth: 1-2cm Winter Hardy: NO

LUCERNE MEDICAGO SATIVA

- Long term perennial
- Excellent nitrogen fixer
- Long tap root
- Suits light, chalky soils
- High dry matter, high protein

Sowing Period: Apr-Oct Sowing Rate: 20kg/ha
Sowing Depth: 1-2cm Winter Hardy: YES

ETHIOPIAN MUSTARD BRASSICA CARINATA

- Frost hardy brassica
- Easy to establish
- Excellent weed suppressant
- Produces very leafy canopy
- Tolerates poorer soils

Sowing Period: May-Aug Sowing Rate: 5-15kg/ha
Sowing Depth: 1-2cm Winter Hardy: YES

CRIMSON CLOVER TRIFOLIUM INCARNATUM

- Nitrogen fixing annual
- Sow summer/post harvest
- Rapid growth in spring
- Suppresses weeds
- Tolerant of poor soils

Sowing Period: Aug-Sep Sowing Rate: 5-15kg/ha
Sowing Depth: 1cm Winter Hardy: YES

BUCKWHEAT FAGOPYRUM ESCULENTUM

- Very quick growing annual
- Extremely tender to frost
- Excellent weed suppressant
- Nectar rich pollinator
- Scavenges phosphates

Sowing Period: May-July Sowing Rate: 50kg/ha
Sowing Depth: 2-3cm Winter Hardy: NO

LINSEED LINUM USITATISSIMUM

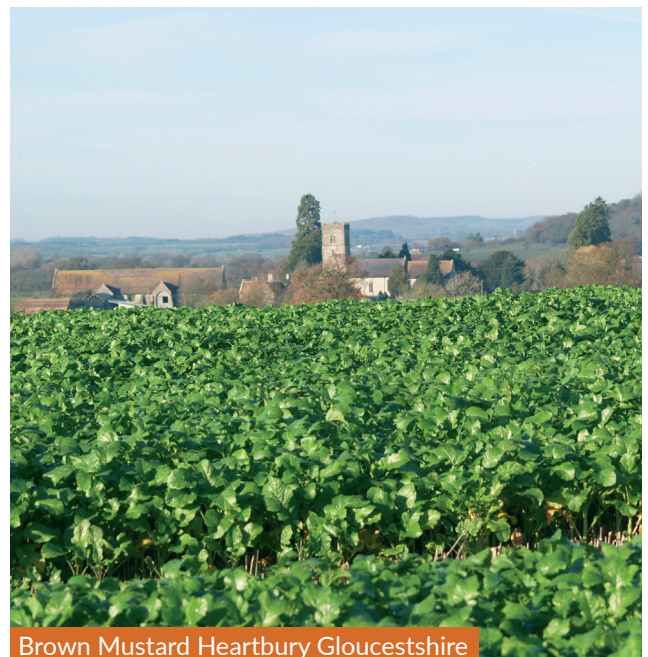
- Easy and quick to establish
- Suits thinner soils
- Good companion to legumes
- Fibrous root structure
- Scavenges nitrogen

Sowing Period: Apr-Aug Sowing Rate: 50kg/ha
Sowing Depth: 2-3cm Winter Hardy: NO

SUNFLOWER HELIANTHUS ANNUS

- Extensive and prolific root system
- Very effective at soaking up nutrients
- Beneficial to pollinators and all insects
- Rapid and early season establishment
- Significant biomass production for a short season

Sowing Period: Apr - Aug Sowing Rate: 12kg/ha
Sowing Depth: 2-3cm Winter Hardy: NO



Brown Mustard Heartbury Gloucestershire

